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Kramer to host fundraiser on Star Island

BY DEBRA K. LEIBOWITZ
Special to The Miami Herald

South Beach developer/entrepreneur **Thomas Kramer** will host a *Candy Land*-themed fundraiser for Joshua's Heart Foundation from 1-5 p.m. Saturday outside his home, 5 Star Island, Miami Beach.

The event will include lots of sweets, plus a runway show with local students modeling clothing from Lilly Pulitzer and Bon Point -- and celebrity canine **Chispita**, mascot of Univision's *Despierta América*, modeling doggy attire from Milou Couture.

Master of ceremony will be WPLG-ABC 10 reporter **Mayte Padron**. Entertainment will include students from Coral Springs' School of Rock, 18-year-old Miami songstress **Madai** and performers from Cirque Dreams Productions.

Event co-chairwomen are **Tara Christie** of Aventura and **Valerie Pearce** of Fisher Island.

Joshua's Heart Foundation is a nonprofit dedicated to helping "Stomp out World Hunger." It was founded in 2005, by **Joshua Williams**, now a fourth-grader at Fisher Island Day School, with help from his family (including his mom, **Claudia McLean**).

The fundraiser is open to all ages. Cost is \$150 (adults); \$50 (children under 16). To attend, email: RSVP@JoshuasHeart.org or call 305-788-8295. For further information, go to www.joshuasheart.org/fundraiser.

HOLOCAUST/HANUKKAH

The Foundation for Holocaust Education Projects will present the Florida premiere of the original play *Who Returned My Soul* at 2 p.m. Sunday, Dec. 13, at Temple Emanu-El, 1701 Washington Ave. in Miami Beach.

Written by the Michigan-based **Kelly D. Brock**, the play tells the personal stories of 10 Holocaust survivors, all of whom reside in the Miami Beach/Aventura areas. It was designed as a tool for educators and an educational guide for students.

Several of those portrayed in the play will attend -- and will be seeing the play for the first time. Two of the survivors, **Jack Gunz** and **Henry Frydman**, passed away during the last year.

Following the performance, there will be a reception and lighting of the third light of Hanukkah. The event is free and open to the public. For information, call Avi Mizrachi at 305-496-6166.

STAYING HEALTHY

Local, national and international health experts convened at La Gorce Country Club in Miami

Beach on Nov. 20 to discuss the state of urban women's health. Over 175 attended the Healthy Cities, Healthy Women conference presented by University of Pennsylvania Alumni in South Florida, Trustees' Council of Penn Women, and the University of Pennsylvania College of Nursing.

Symposium co-chairs were **Elsie Sterling Howard**, Penn chair of the alumni council on admissions (and chair of Miami Beach's Visitor & Convention Authority) and **Divina Grossman**, dean of Florida International University's College of Nursing and Health Sciences.

"Our goal was to empower women -- and men -- by presenting cutting-edge opportunities for those who live in an urban environment. I feel certain people will take action to improve their lives and their communities as a result of what we learned," said Howard.

BOHEMIAN PENTAMETER

SocialMiami.com and WLRN hosted "Bohemian Pentameter" on Nov. 17 to spotlight the SoBe Institute of the Arts, a non-profit which provides arts education for children and adults.

The Renaissance-themed event was held at the Carl Fisher Clubhouse/Little Stage Theatre, 2100 Washington Ave. in Miami Beach -- home of SoBe Institute of the Arts. Entertainment included performances by professional musicians in Renaissance garb and Elizabethan actors who recited Shakespearean sonnets.

Attendees included SoBe Arts Executive Director **Carson Kievman**, Social Miami's **Melanie Cohen** and **Aaron Glickman**, as well as **Jennifer** and **Justin Elegant**, **Helene Kovens** and **Ray Breslin**.

To learn more, call 305-674-9220 or visit www.SoBeArts.org.

HOLIDAY DETOX

Overeating since Thanksgiving? **Fred Busch** of Miami Yogashala is offering a five-day guided detoxification program Dec. 10-14.

"The secret to New Year's resolutions is that you must start them before New Year's," says Busch, 35. "This program is the perfect way to get moving in the right direction by breaking through any inertia that may have taken root."

A Miami native, Busch has lived in South Beach since 1998. He began his study of yoga and food at age 25, following a near-death experience (due to a blood parasite) while traveling in Central Africa. Busch opened Miami Yogashala -- South Beach (210a 23rd St.) in 2001 and a second studio off Brickell Avenue in 2006.

Busch says his detox program -- which includes yoga, medication, lymphatic massage, a clay facial and food for five days (three high-calorie shakes and a blend of ingredients including green powders, enzymes and more per day) -- improves health by "allowing the body to release stored toxins, thus raising the vibrations and helping to restore energy levels."

Cost for the five-day program is \$599 per person; \$499 per couple, including meals (to be picked up daily) and instructions about when to eat, exercise and rest.

To register, call 305-606-2169 or email fredb@miamiyoga.com. For further details, visit

www.miamiyoga.com.

Beach Buzz runs every other Sunday, and focuses on people and businesses throughout the Beaches, Aventura and Miami. To reach Debra K. Leibowitz, call 305-531-7887 or e-mail adsetcinc@atlanticbb.net.

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